Deal Tri
AGM 2025 Minutes
Monday 17th November 2025

Attendees: Gloria Riley, Marge Reidy, Jill Cliff, Jax Lee, Bronwen Lafferty, Dave Mitchell, Stuart Phillips, Nikki Smith, Simon Best, Sally Scoggins, Kim Latham, David Gill, Jayne Gill, Helen Hill, Lou Ludwig, Sue Bolton, Barry Bolton, Kev Brown, Ashley Robert-Moyles, John Sharvill, Alison Stagg, Maria Harrington, Steve Wakeford, Phil Peach, Andy Russell and Sally Russell, Tim Malpass and Sam Prior

Apologies: Hilary Collins**,** Steve Stagg, Mark Sayer, Mark Whittaker, Lee Hutchinson and Tony Ansell

1. **Matters arising:** No matters arising

The minutes were then approved by David Gill and seconded by Kev Brown

2. **Chairman's Report 2025 – Gloria Riley**

Gosh! Where has that year gone. It does not seem 5 minutes ago that I was sitting here, thanking you all for attending the AGM, thanking the sailing club for having us and thanking Martin for running the bar.

So, thank you all again for attending the 2025 AGM for Phil, organizing the bar and thank you to the sailing club for having us.

As Chairman our AGM gives me the opportunity to thank the committee for their passion, creativity and time. I would also like to thank club members who marshal ensuring events run smoothly and professionally and thank you also to our sponsors and friends who pop in and out of events offering experience and a whole host of skills.

I am sure this evening you will hear about the many successes of our members this year. For the first time in ages, I travelled to Newport to take part in the swim part of the long course. I take my hat off to the club members who took part. Fantastic performances, sprinkled with fun and laughter. I would like to make a special mention to Jill who looked absolutely frozen after the swim and yet went on to finish 2nd overall. I am in awe Jill, well done.

Last year we agreed to the concept of Ian's Legacy. 1000 pounds would be made available each year to support a member or members development. The first recipients of this award were Alex Dack and James Parkinson. I am certain Jill will tell us more about Alex's success in her report.

During this year, we have put on sessions relating to diet and performance, relaxation, energy bars, warming up and cooling down as well as the mind's contribution to performance. We have explored personality, goal setting, anxiety and positive and negative thoughts. I would like to thank both Karen and Holly for these informative sessions and I look forward to further courses next year.

I would also like to thank Abbi Darrall for an excellent first aid course where we looked at lifesaving skills, the use of a defib and discussed various situations and how to respond to them. Abbi has kindly agreed to taking more courses in the new year.

As a Tri Club we are responsible for developing and delivering 3 disciplines, swimming, cycling and running. As a committee we have been exploring ways in which we can offer members the opportunity to experience triathlons and their individual parts, and we need to continue to do this ensuring the Club retains its identity and ethos.

Once again thank you for attending and we will move to the financial report

3. **Financial Report – Margaret Reidy**

- Club account balances as of 30th September was £61,465 (includes £4978 club kit stock)
- There was no Profit from Income generated from the 01-10-24 until 30-09-25 but a small loss -£1235
- Stock Value is currently £4978 (sold £462 thanks to Sally)
- Club Kit Insurance is £377.59
- Club Kit Purchases: Members pay before we order and Bioracer order direct
- All our open race events have made a profit.

Duathlons

- Winter Duathlons 2024/25 made a profit of £247
- Summer Duathlons 2025 was in profit of £139
- Club TT Champ Race 2024 was in profit of £287
- Swim

Coach expenses for 2024/25 were £1635
Pool Hire for 2024/25 was £6165.50
Swim Income for 2024/25 was £6099.50
Profit NONE

- Senior coach expenses for 2024/25 were £1,010
- Speed Track Session (Duke of York)
- Track Hire: £3012
- Ticket Income: £1544.50
- Cash Income: £1800.00

Profit: £**332.50**

Club 2024/2025 Expenditures

- Christmas Party: £944.05
- Awards night cost £1310.00
- Coastal Relay - £483.88
- Interclub Relays – £385.00
- SSR - £150.00
- Club affiliations for 2024/245 - cost £868.00
- Committee Cost for 2024/25 - £411.00
- Hall Hire - £220.00
- Website - £1200.00
- Wellbeing - £1027.00

- First Aid - £100.00
- Defib- £999.00
- Ian Pettitt's evening - £50.00
- Gazebo – £1,462.20
- Reusable Cup - £1,620.00
- Training Course - £589.00
- Ian Pettitt's Legacy - £1000

Charity Donations 2024/25

Dinosaur £1000
Daniels Ride £690.00
Pancreatic Cancer £500
We continue to subsidise some events such as those members who represent the club

4. **Membership Report 2025– Jax Lee**

As of Friday 14th November, the club membership stands at 347 which is just 5 up on this time last year. This number is comprised of:

Membership Category No of members %age of club
Adult - non marshalled 138 39.77%
Adult - marshalled 121 34.87%
Student / Unwaged / Over 60s 37 10.67%
Honorary Life 11 3.17%
Junior - 1st in family 28 8.07%
Junior - 2nd and subsequent in family 12 3.46%

Note 1: There are members aged over 60 who choose to continue paying the adult membership

Membership by Age Group No of members %age of club
80 years + 3 0.86%
70 - 79 15 4.32%
60 - 69 69 19.89%
50 - 59 93 26.8%
40 - 49 63 18.16%
30 - 39 40 11.53%
20 - 29 20 5.76%
18 - 19 6 1.73%
10 years + 30 8.65%
Under 10s 8 2.31%
Average age of club members is 46 ½ years old
Average age of club members 18 and over is 50.8 years old
Average age of club members up to and including 17 years old is 11.8 years old
The renewal / new joining period is now open so the above figures obviously are varying on a near daily basis.

It is possible to renew your membership now, if you wish to, although you are not required to do so
until the end of January 2026: all new / renewed memberships will be valid until the end of January
2027 irrespective of when they are renewed.
All current juniors have membership valid until 31st January 2026 but we are currently not offering
new junior memberships pending the appointment of a junior captain and successful renewal of our
BTF Bronze Mark.
For the membership period Feb 1st 2026 to Jan 31st 2027 the prices remain the same with adults
paying £26 (£16 if they've marshalled) and student / unwaged / Over 60s, £13. These prices have
remained the same for several years now.
The online system has continued to work very well; it is important that members are aware that they
can / should update their personal details on this system themselves both for their own safety (ICE
details) and so that they receive all of Marge's missives. Please also note that if you have a medical
condition which could manifest during training, you should alert the coach / group leader of said
sessions.
Please also take the time to input which of our groups of events you may be able to marshal. It
doesn't commit you in concrete to doing them but does allow the various Race Directors to have an
idea of who to start with contact wise.
The online system can be found at membermojo.co.uk/dealtri and you should use the same email that
you registered with when you renew to avoid duplicate records.
Yet again, England Athletics has raised prices for the year beginning 1st April 2026. Athlete
registration will rise £3 pounds to £23 whilst the club affiliation fee is rising £5 again to £210. Both the
Summer Relays and the Kent XC League now require membership of EA if you wish to partake and you
will be asked for your fee to be paid into the club account towards the end of March 2026. Reminders
will be sent out / published nearer the time.
All current EA memberships are valid until March 31st 2026 and all memberships run 1st April to 31st
March with no discounts for late joining. Deal Tri to not control this!
For the EA year 2026-27 all clubs have been asked to continue to satisfy 7 club standards or to flag

themselves as affiliated to the BTF which is the route we have now taken. We have met and satisfied
all the required standards this year of membership to the relevant bodies.
As previously, individual affiliations to BTF (England Triathlon), British Cycling and Swim England are
separate. If in doubt about any of these please speak to the relevant captain
Happy Deal Tri-ing for 2026

5. **Club Captains Reports:**

Swim Captain – Rebecca Simcox

Rebecca cannot be here today, so she has pulled some notes together. (Dave will be giving the swim report this year and adding to notes.)

I should start this report with intrepid feats of swimming prowess. I am waiting to hear for Bradley. He has promised to respond before Monday. I am missing Ian and Charlie who would have had their ears to the ground. Please can people let us know when they are taking part in their swim adventures.

Pool Swims

Our swimming provision in the pool is good. Daren would like an extra session/week but there are none to be had – roll on the Tides redevelopment. He is also suggesting some dry sessions if the club would support. I think they could be very useful.

Some numbers – I am sure Ian is watching…

Tuesday – 51 Swims this year (and eery year)

Nov 1st-Oct 31st		Senior swims	Average swims /session
2025	765	15	
2024	960	19	
2023	686	13	

This year has not been as popular as last years but still better than the year before. Maybe the summer weather was better, and our swimmers were in the sea.

Last Tuesday there were 12 swimmers, yesterday there were 22!! We don't know why. Maybe to do with the dark evenings. We do not want too many in the pool, that's no fun either. It is getting that happy medium.

Saturday - 34 Swims this year

External galas use our pool – they are a big money maker for the centre and have priority booking. We also don't swim in school holidays.

Nov 1st-Oct 31st		Senior	Junior	No. sessions	Average swims/session
2025	330	200	34	15.5	
2024	399	308	32	22	
2023	199	299	30	16.5	

Saturday's sessions have always struggled with the ad hoc nature of our bookings. There is no regular routine as we often must cancel or reschedule our session earlier in the day. It is noticeable that our juniors have dropped by a third. I suspect the older kids move on and we are not getting the new intake. Dependent on the decision on juniors, we would need to give

this a big push in the new year. Ellie our coach is very good, as is Phil who regularly assists. This offering is a jewel in our crown!

Development

The development swimmers are not included in the above analysis. The session have 6 swimmers allocated but normally it is nearer 3 or 4 who can attend each week. This is great for the more personal swim instruction, and the sessions are paid for whether attended or not. A bit demotivating for the coach though.

There has not been the same demand for the swim development course this year. The one Sept-Oct was cancelled, and we did a special start and turns session in June. We are full now and I suspect we will be in January. If you are interested, can traverse a pool somehow and would like to learn the finesse and that pesky breathing lark – email swim@dealtri.co.uk asap.

Financials

Swimming historically is not a money-making activity. Last year was unusual as we were firmly in the black - both Saturday and Tuesday. This year we aren't. (in the order of £1,280)

The committee are not overly worried but are watching this space

- Currently not suggesting increasing ticket price
- would prefer not to stop completely over the summer.
- Any suggestions welcome

What events do we do?

Our fun gala in March

" Saturday 1st March 2025 saw 49 swimmers, with a 79 year age gap between the youngest and oldest competitor, take part in the 2025 Deal Tri Fun Development Gala. There were 41 different races encompassing all 4 strokes and with distances from 25m to 100m."

Sadly, it was our first gala without Ian's wisdom and guidance, but I very much hope he looked down on us, rolled his eyes at us a few times but ultimately grinned and told us we did well" - Facebook

In 2024 we hosted 60 races with 62 competitors in 90 minutes This year we took the whole pool and enjoyed the advantage of the 8 lanes.

East Invicta Masters (proper) gala

In 2024 Deal Tri came third. This year – there was a shortage of Deal Tri men, and we did well to come 6th club overall. For the first time ever the relay races were mixed, requiring 2 men for every 2 ladies. Our brave men were worn out by the end of the evening.

The individual scoring was harsh - To score well individuals had to enter all events, in all strokes. 100m IM is a bit of an ask for a triathlete. But we had fun and won loads of medals. It is a great event – good camaraderie – I do recommend it.

400m Time Trials –A Twice yearly event.

We hosted the Autum event 4th Nov and the Spring one on 22nd April. 17 swimmers on both events and the competitors gave it their all. We also managed to add 50m, 100m and 200m timings this year. Lots of benchmarking.

Jax kindly updated the results and has included the comparison against the last 2 events.

The new website could do with having results from more of our previous years included. It's on my to do list.

Walmer and Deal Regatta Swim

Dave to talk to

Open water

Dave to talk to - signpost rather than organise

Finally
I would very much like to thank Kim (on a Tuesday) and Gloria (on a Saturday) for "doing the tickets " at our pool sessions. Also, to our 3 great and reliable coaches Torren, Daren and Ellie. Finally, to Jax who has helped me with the gala preparations, creating the heats and deciphering the soggy paper sheets at the end of the event into our clean and dry results for the website.

Cycle Captain – Simon Best

This AGM concludes my first year as cycle secretary and I would like to thank everyone for their support as I came to grips with the role.
Our regular Wednesday and Saturday club rides have continued throughout the year and as you might expect numbers have increased during the warmer summer months with a smaller core riding through the winter. It's been great to see our numbers increase over this time with some of our runners joining our rides as well as new members to the club.
Thanks to Sally and Kim for looking after the less experience riders and ensuring they go to coffee on time!
Our routes include a coffee and cake stop and are varied as much as possible to ensure the group can either ride as one or multiple groups to meet up for coffee.
During the year I had to deal with some family issues and would like to thank Ali, Jo and Dave for stepping in and leading rides when I wasn't available.
In partnership with Bio Racer a new range of cycle clothing was offered to members. The new kit benefits from compression material and offers a more aero fit, perfectly complimenting our existing kit range. Building on the design of the new tri suits the first delivery was in May.
The kit is available online from Bio Racer when the club requests the shop is opened, currently twice a year.
In May I introduced an early summer 10mile TT which was well attended with 26 entries. Fasted club members home were Stuart Gibson and Annette Nixon.
This was followed in August with our club championship which saw 45 riders, including many from Ashford Tri Club and the Plucky Triers, compete for the title. Honours were taken by Mark Whittaker and Jill Cliff.
I would like to thank all the marshals for their support; without them the events could not have gone ahead, and a special thanks to Marge for doing all the event administration and for tracking the results.
There have been two French cycle trips this year. Many thanks to Jill for organising these and to Kim for handling all the paperwork and Dave Mitchell for the route planning, ensuring groups were able to meet at the cafes. Feedback was very positive and riders were perfect at seeding themselves in the appropriate groups. Thanks also to the ride support crew for looking out for everyone
At the last committee meeting I proposed the idea of a longer club cycle event in 2026. Whilst still embryonic the idea was supported and I have been looking into how the club could stage such an event.
If you have any ideas for future events or training sessions, please let the committee know.

Run Captain – Sue Bolton

This last year has been extremely busy for the running side of the Club, both in the UK and with members running around the globe too. We have been trying to take full advantage of the sport coming back into fashion. We've been a noticeably increased presence at Walmer and Deal Seafront parkrun. We've had the launch of the new website, huge credit to our Membership Sec Jax Lee and Club Sec Marge, who worked solidly behind the scenes to get this out. It's still a work in progress and there are still gremlins, but it's better than it was!

A quick look round some of the events we've hosted and appeared at:

Starting at the at the Kent Fitness League last autumn/winter, very ably steered by Graeme Rawlings (thank you), overall, we finished 17th out of 18 Clubs, a slight slippage from the year before, but our female team was 13th out of 18 (up 2 places from the previous year) and our male team finished 18th. To put this in context we had a small but strong team of 14 women and 11 women, against huge teams fielding 40+ runners at every meet. We now have a Club gazebo which may make KFL slightly more appealing and it's not too late to enlist! Remember we are hosting a match at Betteshanger Park on 11 January, come and take part or help out and marshall.

The 5 mile handicap last year was really well supported. This jolly event was won by Jane Povey last year, It's an adjusted route this year to make it the full 5 miles, so everyone will get an PB for the event! This race is arguably the most exciting one, as you can never tell who will win! Maybe a prize for the best outfit next year …. Stuart Phillips, get in the loft for that turkey hat. 41 runners took part last year, at the time of writing we have 56 on the books, with the invitation to Dover Road Runners only just being sent.

Deal Half marathon is directed by Jill Cliff, in Feb. This year, the event was chosen by Kent County Athletic Association to be part of the 10 race Kent Grand Prix series. 311 people started, of which 46 were Dealies. 1st overall finisher was Toby Smith and 1st female finisher was Abbie Kirkham in a huge PB time. This event is as popular as it is undulating and there are 60 registrations already. For the first time, Deal Area Foodbank staffed the snack and water station at the finish, and we collected goods and donations for them.

Inter Club Relays made their return but in a new form. Due to hiccups in 2024, the competition format was more formal than the previous 'turn up and run'. All runners have to be affiliated with England Athletics which took up more time than it took to run the course per person, but we got there. We came away with fantastic results at the end of the series – the Womens V45 A and B, and V55 A and B teams winning their age groups, Mens V60 A, V50 B and V60 B teams all finishing 2nd.We fielded a much larger team than we have had in the past and hope to plug some age group gaps in the future. Plans are already ongoing for the 2026 series and we are hosting a round on 2 June at Betteshanger Park.

The 43rd Dinosaur was in July, the 10k senior and 1.5k junior fun run. 237 Seniors, including 53 members, took on this undulating course in warm temperatures. We have a new reward for anyone breaking the 20 year old mens or 21 year old womens course record which hasn't gone – yet. We saw an increase in Junior take up for their race, reopening the entry as it had filled up so quickly. As always, the membership stepped forward and provided the best marshalling in the world! Entry is already open for this, 26 July 2026. Once again

September saw the Big Half marathon – FOMO struck with nearly 50 runners and half a dozen supporters being dropped off at Tower Bridge to run through London on closed roads. What an experience. Toby Smith was spotted running with the elite women, people got overtaken by rhinos, and Big Half fever has spilt over into 2026 with the Club putting relay teams together.

The Club Championship race was the Givaudan 10k in Ashford, starting and finishing at the Julie Rose Stadium. We fielded a team of 20ish runners. Toby Smith, 2nd finisher overall, and Verity Hodges, 11th woman overall, were our first Club finishers and therefore the 2025 Champions.

The Deal Castle 5 Mile was held in November, with junior runners on the 1.5k course, and 259 adult athletes, including 16 Deal Tri male and 26 female joining us for the fastest, flattest race in our calendar. On the virtual podium this year were Toby Smith, first finisher with 4 mins of clear air between him and the next finisher, first Club female was Abbie Kirkham again, followed by Verity Hodges and Anita Pollard.

New things this year:
The Baked Bean League launched in June – this was put forward by Dave Adam and is named in fond memory of Ian Pettitt. The existing Run League is a work of art, maintained by Marge, and very detailed, and it's based around finish places and speed. The Baked Bean League stands separately, and is pitched at runners from the very quick to the more velocity challenged. Runners just do their events, then can apply for an award at the end of June 2026 if they have hit 3 or more target times from the appropriate Level. Lots of people will achieve here and there will be small but perfectly formed awards, presented at a social event in July.

Another new competition arrived in about June – the On The Nose trophy. This is for parkrun pacers who have their official time recorded as their exact pacing time. It's very difficult to get pacing exactly right. So far Stuart Comlay and Adrian Parkinson have had custody of the trophy, but there's some difficulty now as at the last Chase the Pacer, Ian Haigh, Stuart Goodall and Dave Gibb all got their times exactly right – I'm not sure whether they are delighted or not.

Social runs have really taken off this year, largely thanks to Bronwen and her enthusiasm for the sport and sharing her expertise, along with so many other who make these runs so friendly. We had the hugely popular weekly ones in the summer, and now winter is here, we've moved back to Northbourne for our 3S runs. These are a great opportunity to have a run, in a group or solo, choices of terrain and a free cuppa and cake afterwards – the social bit is as important as the exercise bit.

Couch to 5k has been a massive success, again thanks to Bronwen and the band of Monday supporters. We've had a good recruitment rate from these and look forward to running 2 courses a year, if resources permit.

For me, this year has been an almost vertical learning curve! Running culture is very different to swimming culture, where I've been at home for lots of years. It's been a lot more work than I was expecting, but I've learnt so much. I am ambitious for this Club, for each member to get the best out of themselves and I've tried really hard to give everyone recognition in our social media posts, but when there are so many achievements to celebrate, it's really difficult, actually impossible, but what a fantastic problem to have!
I'm looking forward to the coming year now that I know more about how things work and I hope to do you all proud and move us all forward, together.

Triathlon Captain – Jill Cliff
It's definitely been a year for runners with less doing triathlon than in the past. But what we have lost in quantity we have certainly gained in quality. Here is a ...short summary.

Of note, we have Sharon Taylor who has had a great year with at least 2 Half Iron distance races in Nottingham and in Swansea, where she improved by a full 40 minutes! She has also ventured into duathlons at Hever Castle and our own club duathlons. Nigel Lambourne also did the Outlaw Half and knocked an astounding 30 minutes off his previous time!

Marika started the Outlaw Half, completing the swim in 1 hr 13 mins which is amazing for Marika who is so new to open water swimming. She had to call it a day after the bike leg but if we know Marika, she will be back!

Pete Hogben just can't be stopped. Racing Lanzarote IM in May, Blenheim Standard Tri and the Lakesman on consecutive weeks in June, 1st in age at the Holkham Half in July in 4hrs 8mins, Wales IM in September followed by Hever Castle Standard Tri, again a week later!

And has anyone done the Kerryman? Well back in June, Kerry Creasy invented it! She planned meticulously her own Iron Distance and with lots of support from her friends, family and Deal Tri members she swam, biked and ran herself into the world of Ironman. Absolutely amazing.

Also in June, we had our White Cliffs Sprint Tri incorporating our Club Champs in memory of our lovely friend Tania Jackson. Gloria again did us proud staging a fantastic race, thank you Gloria and all who helped. I know she wants some help on the day before the race next year setting up, so let her know if you can help with that.

In August, Martin O'Grady won his age group in the Irish National Triathlon Series and came 3rd in his age in the Irish National Champs a week later, qualifying for the European Standard Distance Champs in Istanbul racing for Ireland.

In September, Louise Moore and Annette Nixon raced in Bournemouth and qualified for the European Sprint Triathlon Champs in Spain next year.

And then Deal Tri hit Belgium for the Long Course Weekend with our valiant members competing in all different distances with many achievements and a couple of hospital visits and a trip down the loo to add to our experience! I think Belgium was glad to see the back of us! But, much to their horror, we will be back next year with more interested people wanting to join in.

Alex Dack. We are so proud that Alex is still a member despite joining the elite ranks. He and his family continue to support the club and our races by competing and helping and marshaling, although I am not sure his competitors are as pleased!

He has done several races at elite level from the Super Series in Llanelli, the European Junior Cup in Romania where he came 3rd and 1st in the mixed relay, with his recent trip to Wollongong on the Australian East Coast being the utimate experience, and for those who watched his World Under 20 Sprint Triathlon on You Tube, it was a hair raising blisteringly fast and exciting race. Riding the bike we helped purchase, I must add, through our new grant scheme in memory of Ian to help members of any age, to fulfill their aims in swimming, biking and/or running.

Many thanks to Marge and helpers who run our wonderful duathlons through the winter and summer months. They are still popular and attract new people all the time, being a great practice and/or training session for newbies and experienced alike. The last two races have produced an exciting battle between Stuart Gibson and Alistair Clifford, with Stuart getting the edge both times! Marika struck again here in the Duathlon Handicap race with her time being over 6 and a half minutes faster than her season's best time.

Talking of newbies, we had a short training session at Betteshanger a few months ago. Mainly covering transitions, with more helpers than attendees I think, but those that did attend enjoyed it and Gaynor for one went on to take part in our duathlons and gain confidence which is great. Thanks to Mark for that.

Actually, I take back my first sentence, it has been a busy triathlon year afterall! We also had people racing at Sevenoaks Tri, Gravelines Duathlon in France, Eastbourne Half, Luxemburg 70.3 and Maastricht Long Course.

Thoughts for next year, a training day with tips for swim, bike and run, and transitions in April time, followed by target races East Grinstead Tri and our own White Cliffs Tri to put your new found skills into practice.

Hopefully we will take part in the Southwater Relays on September 13th where in the past we have had 12 teams of 3 competing over this short sprint course, cheering each other on, great atmosphere.

Belgium Long Course again on the 18th to 20th September, all distances catered for!!

Oh and the Deal Half Marathon is on the 15th February, so I will thank you all in advance for marshaling! Let me know if you are available, thank you.

Club Captain Report – Bronwen Lafferty

2025 has been a very successful year for the club. You'll be probably very pleased to hear that my speech will be short as the individual captains have already highlighted the many fantastic achievements in the club. So I'll be focusing on some of the other club achievements.
This year has seen the first year that the club captain hasn't also held the multisport captain role, and that a new Triathlon captain role was created and very ably filled by Jill. I remain totally in awe of those taking part in triathlons, but it's clear that my one dabble in a sprint triathlon with a £150 halfords hybrid bike, wearing running shoes that cost more than the bike, doesn't do justice to represent our triathletes, some of whom have raced in GB kit.
Instead my role has focused on representing the club, raising awareness of it, and together with the other captains, in particular Sue, showcasing the many achievements through social media.
Our social media presence helps spread the word about the club and we have seen our reach grow through both Instagram and Facebook. This has led to many new members joining, particularly in the running community. Our very visible orange presence at parkrun also helps with this, and it's testament to you all that being so friendly and welcoming to prospective new members means that newbies sign up. Thank you all for being so approachable.
Regular social runs with up to 40 members at each one (especially when pizza and chips were involved) and two completed couch to 5k groups have also helped drive new members, some of whom have mentioned that they wouldn't have considered joining us without this chance to 'try before you buy' Through this many new friendships have formed and really build a sense of a community. The very busy social run what's app group, also keeps the community spirit alive, even if you do need to mute notifications occasionally if you don't want to be sacked from your actual job!
Sue and I have worked on ensuring that the fully inclusive message of the club gets out there, and that new members know they are always welcome whatever their running, cycling, or swimming speed. One of our c25k graduates said, that when she first saw the advert for c25k, she was worried, as she didn't think she'd be ever be able to be a good enough runner to join a triathlon club. But not only did she complete c25k, she's has now become a member. I also want to thank here, all of you who helped me with the c25k groups, many of you are here tonight. Even with very new runners, it quickly becomes apparent that there are different paces, and with your help it means no one is running alone.
On a final note it's also very much worth a mention of the charitable work the club does through members fundraising for events such as London marathon. This is things that individual members have done, rather than the club as a whole through races. Apologies as I know I am likely to have missed some of these, but this year alone members have supported Deal Food Bank, Walmer and Deal Lifeboat, Martha Trust, Breast Cancer Now, Kiki's Paw, Mind, Evelina Children's Trust, Red Duck, Legend on the Bench, Diabetes UK, Mama to Mama and Oasis Domestic Abuse Service

Junior Report –

In the absence of a Junior Captain, Margaret Reidy updated those present with what has been happening with our junior section.

6. **2025 committee stand down:**

All committee members stood down.

7. **Election of new committee 2026**

a. Chair - Gloria Riley
b. Treasurer - Margaret Reidy
c. Secretary - Margaret Reidy
d. Membership Secretary - Jax Lee
e. Club Captain- Bronwen Lafferty
f. Joint Swim Secretaries – Rebecca Simcox and David Mithcell
g. Cycle Secretary – Simon Best
h. Run Secretary – Sue Bolton
i. Junior Captain – Ashley Robert-Moyles
j. Press/Social Secretary - Margaret Reidy -
k. Club Executive -Jill Cliff

The 2026 committee was elected by all those present

8. **Appointment of accountants:**

Levicks were formally agreed by those present.

9. **Any other business:** No matters were submitted by the required deadline. However, from the floor the following matters was shared and will be brought to the next committee meeting for discussion:

Lou Ludwig: Raised two matters for discussion the first this issue concerning the water pollution and testing of it. The second was how as club we could support the proposal for the new outdoor fitness area in Walmer

Sally Scoggins: Brought to us all at the meeting the importance of how important that our members competing abroad that they have the correct insurance cover.

The committee will discuss all these matters at the next meeting**.**

The meeting closed at 20:40pm.

The next committee meeting: To be confirmed