

PROGRAMME OF EVENTS

- 06.00 – 06.45hrs** **REGISTRATION (Triathlon)**
- 06.00 – 06.45hrs** **TRANSITION AREA (TA) OPEN**
- 07.00hrs** **EVENT BRIEFING ON POOL SIDE (for ALL Competitors doing the Tri)**
- 07.05 – 07.40hrs** **SWIM START – STAGGERED (Tri Only)**
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- 07.00 – 07.20hrs** **REGISTRATION (Aquathlon)**
- 07.40hrs** **EVENT BRIEFING ON POOL SIDE (for ALL Children doing the Aqua)**
- 07.45 – 08.30hrs** **SWIM START – STAGGERED (Aquathlon Only)**
- 09.45 – 10.00hrs** **PRIZE CEREMONY - FINISH AREA**