



Deal Castle 5 Miler

Sunday 1st November 2009, 11.00 am



Pos	Chip Num	Gun Time	Name	Team / Club	Sex	Age Group	Chip Time	Pos
1	278	28:28	James DAVIS	Sale Harriers	M	Senior	28:28	1
2	1	28:51	Theo BATLEY	Deal Tri	M	Vet	28:51	2
3	218	29:01	Ashley HOLMES	Deal Tri	M	Senior	29:01	3
4	231	29:20	Mark PENNY	Cambridge Harriers	M	Senior	29:20	4
5	245	29:34	Tony TUOHY	Dulwich Runners AC	M	Vet	29:34	5
6	49	29:42	James ROUSE	Invicta East Kent AC	M	Senior	29:42	6
7	243	29:42	Clare ELMS	Dulwich Runners AC	Fem	Super Vet	29:42	7
8	273	29:42	Derek MATCHAM	Folkestone RC	M	Senior	29:42	8
9	238	29:46	Mark TAYLOR	Canterbury Harriers	M	Senior	29:46	9
10	244	29:47	David WEEKES	Folkestone RC	M	Vet	29:47	10
11	39	29:51	Martin TAYLOR	Larkfield AC	M	Senior	29:51	11
12	235	30:06	Richard FAWCETT	Folkestone RC	M	Senior	30:06	12
13	147	30:08	Daniel GREEN	Thanet RR	M	Senior	30:08	13
14	275	30:10	Steve SMYTH	Dulwich Runners AC	M	Super Vet	30:10	14
15	103	30:12	Gordon FINLAY	Deal Tri	M	Senior	30:12	15
16	65	30:20	Mark BAKER	Canterbury Harriers	M	Senior	30:20	16
17	183	30:38	Ben BURTON	Invicta East Kent AC	M	Junior	30:38	17
18	209	30:47	Tim SUTTON	Invicta East Kent AC	M	Vet	30:47	18
19	281	31:00	Rona LOUBSER	Folkestone RC	Fem	Senior	31:00	19
20	45	31:04	Robert THOMAS	Deal Tri	M	Senior	31:04	20
21	267	32:01	David CHAPMAN-JONES	Deal Tri	M	Vet	32:01	21
22	63	32:09	John WILKINS	Invicta East Kent AC	M	Super Vet	32:07	22
23	5	32:19	David WELLER	Deal Tri	M	Vet	32:19	23
24	283	32:21	Helen WHEELER	Folkestone RC	Fem	Vet	32:21	24
25	180	32:26	Liz WEEKS	Invicta East Kent AC	Fem	Senior	32:26	25
26	182	32:31	Jacob BURTON	Invicta East Kent AC	M	Junior	32:31	26
27	44	32:38	Alex HORSLEY	Thanet RR	M	Senior	32:36	27
28	146	32:39	Adrian TILLS		M	Vet	32:37	28
29	176	32:42	Jeremy DACK	Deal Tri	M	Senior	32:42	29
30	313	32:44	Steven CLARK	Canterbury Harriers	M	Super Vet	32:43	30
31	232	32:51	Anthony MCPARLAND	Canterbury Harriers	M	Vet	32:51	31
32	15	32:53	Sharon HAWKINS	Maidstone Harriers	Fem	Super Vet	32:53	32
33	82	32:55	Stephen MOORE	Springfield Stridders	M	Vet	32:55	33
34	91	32:57	Stephen BURT		M	Vet	32:57	34
35	173	33:00	Ben MANN		M	Senior	33:00	35
36	31	33:03	Martin ROUSE	Invicta East Kent AC	M	Vintage	33:03	36
37	138	33:06	Alex MILNE	Ashford Tri Club	M	Senior	33:04	37
38	58	33:11	Brian REES	Deal Tri	M	Vet	33:11	38
39	308	33:15	Robert PICKFORD	Deal Tri	M	Senior	33:14	39
40	193	33:19	Jennifer VAN DEELEN	Canterbury Harriers	Fem	Vet	33:18	40
41	322	33:27	Max DOWNER		M	Senior	33:27	41
42	26	33:31	Grant BURTON	Thanet RR	M	Vet	33:29	42
43	295	33:31	Jonathan RIORDAN	Paddock Wood AC	M	Junior	33:28	43
44	179	33:36	David JONES		M	Super Vet	33:35	44
45	233	33:37	Joe HICKS	Canterbury Harriers	M	Super Vet	33:36	45
46	321	33:52	Jason FIRMINGER	Canterbury Harriers	M	Vet	33:45	46
47	324	33:57	Lauren FAWKE	Folkestone RC	Fem	Senior	33:57	47
48	228	34:04	John TOLHURST	Paddock Wood AC	M	Super Vet	34:04	48
49	241	34:04	Sarah MAGUIRE	Canterbury Harriers	Fem	Vet	34:03	49
50	310	34:04	Steve KING	Thanet RR	M	Vet	34:03	50



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Pos	Chip Num	Gun Time	Name	Team / Club	Sex	Age Group	Chip Time	Pos
51	186	34:11	Nick BRAMLEY		M	Senior	34:10	51
52	140	34:13	Steve SHRIMPLIN	Sittingbourne Striders	M	Super Vet	34:09	52
53	77	34:15	Adrian WATERS	Thanet RR	M	Vet	34:13	53
54	319	34:15	Adrian MOODY	Medway & Maidstone AC	M	Vet	34:13	54
55	248	34:17	Kylara HASSALL	Folkestone RC	Fem	Senior	34:15	55
56	298	34:24	Claire BROWN	Invicta East Kent AC	Fem	Senior	34:20	56
57	40	34:27	Jay TAYLOR		M	Junior	34:27	57
58	223	34:45	Paul STRUTT	Deal Tri	M	Vet	34:44	58
59	105	34:54	Mark SAYER	Deal Tri	M	Vet	34:54	59
60	297	34:58	Richard MOORE		M	Vet	34:55	60
61	163	35:03	Benjamin FRIEND		M	Senior	34:53	61
62	219	35:05	Philip WYARD	Canterbury Harriers	M	Vet	35:05	62
63	74	35:06	Scott HOPE		M	Senior	34:59	63
64	323	35:07	Mervyn LEWIS		M	Senior	34:57	64
65	181	35:08	Roy BARDEN	Deal Tri	M	Vet	35:07	65
66	251	35:23	Martyn EARL	Maidstone Harriers	M	Senior	35:11	66
67	196	35:33	Terry FOREMAN	Ashford Tri Club	M	Vet	35:25	67
68	309	35:36	Marinos CALOTHIS	Thanet RR	M	Senior	35:28	68
69	253	35:50	Ian PETTITT	Deal Tri	M	Super Vet	35:49	69
70	144	35:52	Ed HEARDMAN	Thanet RR	M	Senior	35:41	70
71	159	35:53	Mick JAMES	Ashford & District RRC	M	Super Vet	35:51	71
72	296	36:01	Duncan RIORDAN	Paddock Wood AC	M	Super Vet	35:57	72
73	165	36:04	Lesley HALL	Ashford AC	Fem	Super Vet	36:01	73
74	90	36:05	Russell WILLIAMS	Cambridge Harriers	M	Vintage	36:03	74
75	88	36:21	Adam HUME	Ashford & District RRC	M	Vet	36:19	75
76	276	36:22	Elizabeth BERNS	Larkfield AC	Fem	Senior	36:20	76
77	189	36:23	Ray CAMERON	Canterbury Harriers	M	Senior	36:16	77
78	104	36:25	Dave SMITH	Canterbury Harriers	M	Vintage	36:23	78
79	118	36:31	Lewis PRICE	Deal Tri	M	Senior	36:23	79
80	282	36:32	Ben CALDER		M	Senior	36:21	80
81	210	36:34	Vicky TALBOT-ROSNER	Invicta East Kent AC	Fem	Super Vet	36:30	81
82	60	36:49	Martin MCCONNELL	Dover RR	M	Vet	36:39	82
83	43	36:50	Kirk DUGARD	Deal Tri	M	Super Vet	36:46	83
84	117	36:51	Russell BRIDGES		M	Vet	36:33	84
85	25	36:53	Stephen AINSWORTH		M	Vet	36:47	85
86	185	36:55	Kenn SAFFERY	Veterans Athletic Club	M	Vintage	36:54	86
87	213	37:12	Keith WATERS		M	Super Vet	37:05	87
88	171	37:13	David J SMITH		M	Super Vet	37:11	88
89	153	37:14	Anthony SAFFERY		M	Super Vet	37:11	89
90	34	37:15	Marie EVAN	Winchester & District AC	Fem	Vet	37:12	90
91	80	37:17	Sarah SHEPHEARD	Paddock Wood AC	Fem	Junior	37:13	91
92	124	37:20	Kevin GARDNER	Deal Tri	M	Vet	37:12	92
93	291	37:27	Andrew SCOONES	Swale Combined A.C.	M	Senior	37:18	93
94	178	37:30	Simon READ	Deal Tri	M	Vet	37:25	94
95	249	37:32	Grahame EKE	Folkestone RC	M	Super Vet	37:26	95
96	279	37:35	Tim KERR	Invicta East Kent AC	M	Vet	37:18	96
97	187	37:43	Peter WORSLEY		M	Super Vet	37:35	97
98	242	37:44	Sue COOPER	Invicta East Kent AC	Fem	Super Vet	37:40	98
99	14	37:49	Emma DUNN	Deal Tri	Fem	Senior	37:49	99
100	272	38:05	Alex SIMPSON	Sittingbourne Striders	M	Super Vet	37:59	100



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101	84	38:09	Paul SALES		M	Senior	37:56	101
102	252	38:12	Dave MARTIN	Deal Tri	M	Vintage	38:06	102
103	57	38:13	Steven GLYNN-WILLIAMS	Deal Tri	M	Super Vet	38:06	103
104	134	38:16	Jack HALL		M	Senior	38:08	104
105	277	38:18	Alyson ROSS	Folkestone RC	Fem	Super Vet	38:13	105
106	301	38:30	Jon TURBUTT		M	Vet	38:26	106
107	120	38:38	Ravi CAUTICK	Larkfield AC	M	Senior	38:35	107
108	89	38:42	Kate MOLLOY	Larkfield AC	Fem	Senior	38:39	108
109	42	38:49	Danielle KERIN		Fem	Senior	38:49	109
110	306	39:02	James RUSSELL		M	Super Vet	39:00	110
111	200	39:07	John SANDERS		M	Super Vet	38:59	111
112	8	39:23	David PARSONS	Deal Tri	M	Vet	39:16	112
113	318	39:35	Ryan HALL		M	Junior	39:28	113
114	2	39:36	Mark CLAY		M	Vet	39:27	114
115	112	39:37	Peter GODBEE	Swanley & District AC	M	Super Vet	39:32	115
116	130	39:46	Claire PETERS	Deal Tri	Fem	Senior	39:46	116
117	71	39:47	Kevin UNDERDOWN		M	Super Vet	39:45	117
118	75	39:48	Lorraine RUSSELL		Fem	Vet	39:45	118
119	164	39:58	Ben ENDERSBY		M	Senior	39:55	119
120	154	40:00	Jo HAMMOND	Deal Tri	Fem	Senior	39:54	120
121	64	40:06	Mark BAILEY		M	Vet	39:49	121
122	119	40:35	James MULLER		M	Senior	40:28	122
123	24	40:37	Sam BROWN		M	Vet	40:31	123
124	191	40:39	Sarah HYETT		Fem	Vet	40:34	124
125	139	40:42	Bob PULLEN	Canterbury Harriers	M	Vet	40:31	125
126	325	40:51	Dennis WILLIAMS		M	Vintage	40:32	126
127	17	40:58	Richard PASOLA		M	Super Vet	40:46	127
128	136	41:02	Tim PALMER		M	Senior	40:54	128
129	167	41:07	Melanie COLE		Fem	Vet	41:03	129
130	37	41:09	James KERIN		M	Senior	41:09	130
131	190	41:09	Holly ROWELL		Fem	Vet	41:09	131
132	55	41:10	Daniel PORTE		M	Super Vet	40:59	132
133	239	41:10	Lee HILLS		M	Senior	40:57	133
134	256	41:10	Tina EKE	Folkestone RC	Fem	Super Vet	41:04	134
135	211	41:14	Clare WISEMAN	Deal Tri	Fem	Vet	41:07	135
136	95	41:17	Angela ALDRED		Fem	Vet	41:07	136
137	54	41:20	Tina BARTON	Deal Tri	Fem	Super Vet	41:15	137
138	314	41:34	John MARSHALL	Canterbury Harriers	M	Vintage	41:23	138
139	109	41:36	Graham SCUTT		M	Vet	41:29	139
140	169	41:43	Paul LITTLE		M	Vet	41:40	140
141	151	41:46	Nicil MARFIELD		Fem	Senior	41:38	141
142	264	41:47	Lisa NEWBURY		Fem	Vet	41:42	142
143	99	41:49	Chris UPTON		M	Senior	41:34	143
144	150	41:54	Sarah GREEN		Fem	Senior	41:36	144
145	129	41:56	Alison SPARGO	Deal Tri	Fem	Vet	41:50	145
146	274	42:01	John WARD		M	Senior	41:55	146
147	304	42:10	Amanda FROST	Deal Tri	Fem	Super Vet	42:05	147
148	174	42:13	Timothy KNIGHT		M	Senior	42:04	148
149	302	42:23	Gail TURBUTT		Fem	Vet	42:12	149
150	254	42:38	Derek HARDING		M	Vet	42:21	150



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151	101	42:43	Sean UPTON		M	Senior	42:29	151
152	229	42:47	Llewellyn BOUCHER		M	Senior	42:35	152
153	72	42:48	David DENTON	Striders of Croydon	M	Vet	42:46	153
154	260	42:50	Jenni CLARK	Larkfield AC	Fem	Senior	42:38	154
155	199	42:53	Sophie PAPOUGNOT	Deal Tri	Fem	Vet	42:43	155
156	285	42:53	Melanie MC NIE	Deal Tri	Fem	Super Vet	42:48	156
157	262	42:54	Daniel UPTON		M	Senior	42:39	157
158	204	42:58	Louise POMEROY	Deal Tri	Fem	Vet	42:53	158
159	271	43:03	Heather HEATH	Folkestone RC	Fem	Vet	42:49	159
160	123	43:04	Matt JONES		M	Vet	42:46	160
161	257	43:22	Claire HERRINGTON		Fem	Vet	43:19	161
162	292	43:24	Marc HOLLAND		M	Senior	43:07	162
163	234	43:30	Fiona ANGUS		Fem	Senior	43:25	163
164	221	43:34	Mark PERKINS	Thanet RR	M	Senior	43:16	164
165	162	43:39	Russell FRIEND		M	Super Vet	43:29	165
166	170	43:39	Karen DANIELS	Thanet RR	Fem	Super Vet	43:26	166
167	250	43:42	Lisa NEW		Fem	Vet	43:30	167
168	214	43:51	Rory WAITT		M	Super Vet	43:44	168
169	216	44:10	Tim WARREN		M	Senior	43:56	169
170	148	44:16	Claire GREEN	Thanet RR	Fem	Senior	44:09	170
171	259	44:19	Andrew HAMLIN		M	Senior	44:06	171
172	135	44:21	Liam CAIRNS		M	Senior	44:06	172
173	315	44:22	David LUCKHURST		M	Vet	44:07	173
174	16	44:29	Lauren PASOLA		Fem	Senior	44:18	174
175	217	44:30	Jo ADDIS	WRN	Fem	Senior	44:17	175
176	265	44:32	Helen BARNES		Fem	Vet	44:28	176
177	73	44:33	Veronica HOPE		Fem	Vet	44:26	177
178	166	44:34	Tracey ARNOLD		Fem	Vet	44:22	178
179	255	44:57	Rosa D'ALESSANDRO		Fem	Vet	44:40	179
180	121	45:03	Bill WRIGHT	Thanet RR	M	Vintage	44:52	180
181	48	45:04	Hannah EUNGBLUT		Fem	Senior	44:52	181
182	246	45:05	Leanne DYER		Fem	Vet	44:54	182
183	230	45:07	Suzannah CHAPMAN		Fem	Senior	44:55	183
184	258	45:26	Michelle GEBBIE		Fem	Senior	45:13	184
185	62	45:27	Peter SEDGEWICK	Dover RR	M	Vintage	45:08	185
186	240	45:38	Catherine NORMAN		Fem	Senior	45:23	186
187	270	45:40	John ASHER		M	Vet	45:22	187
188	125	45:42	Maria PHILLIPS	Folkestone RC	Fem	Senior	45:34	188
189	126	45:42	Sarah WYLIE		Fem	Vet	45:34	189
190	137	45:45	Pat KELLY	Deal Tri	M	Super Vet	45:39	190
191	156	45:51	Pieter PUTTER		M	Vet	45:35	191
192	305	45:53	Richard HUDSON	Invicta East Kent AC	M	Super Vet	45:44	192
193	143	45:54	Paul NYE		M	Vet	45:52	193
194	97	46:08	Martin CAMP		M	Super Vet	46:02	194
195	311	46:08	Brendan COLE		M	Super Vet	45:48	195
196	115	46:16	Colin SLATER		M	Vintage	46:07	196
197	266	46:20	Catherine CHAPMAN-JONES	Deal Tri	Fem	Super Vet	46:08	197
198	47	46:23	Natalie WRENCH		Fem	Senior	46:22	198
199	225	46:23	Mailyenne WOOLEY	Maidstone Harriers	Fem	Super Vet	46:07	199
200	294	46:30	Lindsay FRAWLEY	Thanet RR	Fem	Senior	46:11	200



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201	46	46:41	Sarah LANGLEY		Fem	Senior	46:40	201
202	215	46:44	Katharine LANE		Fem	Vet	46:32	202
203	220	46:47	Donna PERKINS	Thanet RR	Fem	Senior	46:29	203
204	320	46:48	Sian DAVIS		Fem	Senior	46:48	204
205	116	46:58	Penny CALLOW		Fem	Vet	46:39	205
206	96	47:24	David HENDERSON		M	Vet	47:05	206
207	303	47:49	Christine LANG		Fem	Super Vet	47:33	207
208	13	47:53	Laura TURNER		Fem	Senior	47:41	208
209	222	47:54	Denise MANFIELD		Fem	Vintage	47:39	209
210	131	48:14	Robin EADES		M	Senior	47:56	210
211	68	48:28	Barry BEVERIDGE		M	Vet	48:08	211
212	299	48:34	Sally TURBUTT		Fem	Vintage	48:24	212
213	122	48:57	Neil PUNT		M	Vet	48:49	213
214	155	49:04	Lyanne PUTTER		Fem	Super Vet	48:48	214
215	98	49:10	Tracy UPTON		Fem	Vet	48:55	215
216	280	49:10	Laura TRICE		Fem	Senior	48:55	216
217	188	49:23	Gregory PLEWS		M	Vet	49:04	217
218	38	49:24	Kieran KERIN		M	Vintage	49:23	218
219	192	49:24	Megan RICHARDSON		Fem	Vet	49:15	219
220	316	49:31	Louise VAN DER LINDE		Fem	Senior	49:15	220
221	114	49:33	Sue SLATER		Fem	Vintage	49:25	221
222	41	49:56	Jessicca BUSHELL		Fem	Senior	49:55	222
223	113	49:56	Kenny GAHAGAN		M	Senior	49:45	223
224	317	50:13	Hannah UGLOW	WRN	Fem	Senior	50:00	224
225	226	50:16	Susan STOKER		Fem	Vet	50:06	225
226	227	50:16	Andre PETER		M	Vet	50:05	226
227	284	50:25	Peter NORTON		M	Senior	50:21	227
228	286	50:25	Jasmine RICHARDS		Fem	Junior	50:21	228
229	307	50:25	John CASTLE		M	Senior	50:20	229
230	79	50:38	Sarah SHEPHERD		Fem	Vet	50:30	230
231	94	51:00	Stephanie SCHMID	WRN	Fem	Senior	50:46	231
232	93	51:02	Liza KELLARD	WRN	Fem	Senior	50:48	232
233	142	51:02	Kim TURNER		Fem	Senior	50:53	233
234	141	51:03	Mike FIELD		M	Senior	50:54	234
235	10	51:29	Mark COOPER	Canterbury Harriers	M	Vet	51:20	235
236	85	51:30	Mike YEADON		M	Vet	51:21	236
237	69	51:32	Charlotte WEBB		Fem	Vet	51:27	237
238	70	51:32	Victoria WESTON		Fem	Vet	51:27	238
239	206	51:33	Justine WALSH		Fem	Vet	51:28	239
240	202	51:56	Adam BIRD		M	Senior	51:41	240
241	236	52:04	Sara NASH		Fem	Senior	51:45	241
242	161	52:10	Victoria LIEPINS	Pfleet Feet	Fem	Vet	51:53	242
243	132	52:25	Jackie MCDONALD	Canterbury Harriers	Fem	Vintage	52:14	243
244	168	52:29	Gillian MCLAREN	Canterbury Harriers	Fem	Vintage	52:16	244
245	127	52:36	Corinne MYCOCK		Fem	Vet	52:18	245
246	195	52:47	Lynne HUTTON	Pfleet Feet	Fem	Super Vet	52:31	246
247	175	53:06	Chris KNIGHT		M	Senior	52:57	247
248	100	53:12	Louise UPTON		Fem	Vintage	52:58	248
249	197	53:13	Samantha ROBERTS		Fem	Senior	52:54	249
250	102	53:29	Charlotte SHEMMINGS		Fem	Junior	53:15	250



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251	33	54:08	Bill HENNESSEY	Folkestone RC	M	Vintage	53:54	251
252	36	54:10	Angie ADAMS		Fem	Vet	54:07	252
253	160	54:21	Adrian LIEPINS	Pfleet Feet	M	Vet	54:03	253
254	145	54:41	Paul MCLAREN		M	Super Vet	54:38	254
255	205	55:14	William BAKER	Dover RR	M	Super Vet	55:01	255
256	268	55:57	Hazel LANDER	Deal Tri	Fem	Vintage	55:40	256
257	201	56:38	Eva BIRD		Fem	Senior	56:23	257
258	11	56:40	Sarah MORGAN		Fem	Super Vet	56:40	258
259	81	56:40	Vivienne FIELD		Fem	Super Vet	56:34	259
260	158	56:59	Karen GARDNER		Fem	Vet	56:49	260
261	157	57:01	Ken GARDNER		M	Vintage	56:51	261
262	237	57:19	Hellena MARSH		Fem	Senior	57:05	262
263	207	57:22	Adrienne MOTION		Fem	Super Vet	57:06	263
264	269	58:24	Adam ASHER		M	Junior	58:21	264
265	288	58:24	Nathan ANNAKIE		M	Junior	58:20	265
266	289	58:24	James BERESFORD		M	Junior	58:20	266
267	111	1:00:29	Kym BERRYMAN		Fem	Senior	1:00:13	267
268	110	1:00:30	Nicola GRIFFIN		Fem	Vet	1:00:13	268
269	293	1:01:07	Martyn SMITH		M	Vet	1:00:48	269
270	287	1:04:15	Vikki WAKEHAM		Fem	Junior	1:04:11	270
271	290	1:04:24	Brooke LINSTREM		Fem	Senior	1:04:20	271
272	312	1:04:30	Michael MIDDLETON	Serpentine	M	Vintage	1:04:11	272
273	184	1:06:24	Gaynor SHELVEY	Thanet RR	Fem	Vintage	1:06:04	273